

“I have been interning as a school counselor at an elementary school and my supervision and previous training taught me close to nothing about how to actually interact in the room with the kids. I learned essential and invaluable tools for working with kids from these SPT classes and consultations.”

-Francesca Stevenson

“I’ve been practicing SPT with my clients and have already seen amazing results. I have also been able to become more aware of how I feel during my play therapy session and how that impacts the energy in the room.”

-Ana Gauthier

“This was a wonderful course and I learned so much. One big take away was, of course, increased self-regulation! I will recommend to others.”

-Elizabeth Aubert

“This course has helped me reduce the feelings of burn out and also has helped with my own confidence/authenticity as a therapist.”

-Natalie Gavic

“A wonderful course that has added to my skill base. I see how much it works in the room and I’m very thankful to have completed the intro course.”

-Kellie Cuper

“One of the most important things that I have gotten is the permission to JUST BE ME in the playroom with kids! The realization that I don’t have to “try too hard” but that my presence is most important. Also, I’ve learned many different ways that I can regulate myself which has impacted me both in my work and in my personal life – SPT really is a way of life!”

-Heather Peddie

“I’m grateful to continue to grow, learn, and find support through SPT. It’s an ongoing process and I need to re-visit and adjust as I gain more experience as a SPT Therapist.”

-Lauren Forsythe

“This course was life changing! The concepts are natural, easy to implement, and applicable to all areas of my life. The skills taught in the course enhanced my practice as a play therapist and I’ve seen a noticeable improvement in my ability to communicate with and support parents.”

-Meredith Hammond

“The impact has been felt from the moment I became aware of SPT. It’s allowed me to be brave and vulnerable and try something new. To trust my instincts and the child’s. It has taken my Play Therapy in a direction that feels right for me and the children I work with.”

-Danielle Johnston

“Personally: Being authentic is more “nice” and “socially acceptable” than behaving the way I think is expected. Being authentic is the antidote to burn out, resentment, and depression. Showing my anger is less scary than not showing it. Professionally: setting boundaries in a congruent way, so I can run my practice the way that feels right, and ultimately more helpful, will make my practice better.”

-Ofra Obejas

“I continue to be (pleasantly) surprised with how much of what I learned each month was automatically being implemented into my client contact, as well as in my discussion and processing with student interns I supervise. Many concepts in this course aligned with my professional values, frameworks, and style already so they were natural implementations into practice. But other concepts/ideas/techniques were game changers and will continue to be implemented in the work I do every day with children/caregivers/interns/co-workers/other professionals.”

-Corey Snyder

“I feel it has been a good balance of challenging me as well as honoring who I naturally am as a person and therapist.”

-Jennifer Harbin

“My experience with the Introduction to Synergetic Play Therapy has inspired my work with children beyond what I expected. One of the very key pieces that resonated with me from the beginning was being authentic, the permission to be strongly connected with myself and the value of this authentic presence as the most meaningful toy in the playroom. I have seen so much of what I have learned here play out in my sessions both in relationship to the children and with myself. It is invaluable - I am more than excited about going forward with the certification program. Thank you so very deeply for what you have offered Lisa.”

-Donna Vanderlip

“It’s been amazing to me how long I have been in the field of play therapy, yet still have so much to learn. In every lesson there was a take away for me. I have been able to immediately apply the lessons. This work has helped me personally with learning how to regulate and be human in the session and professionally. I have seen this benefit the children and parents I am working with.”

-Rose LaPiere-Harvey

“I am currently working with children in my Internship and this course opened my eyes up to a new way of being with the child in the room.”

-Melissa Frick

“This course has entirely changed the way that I do therapy and understand the kids and parents I work with. I am a better therapist as a result of taking this course. Thank you!”

-Annie Bukay

“Personally and professionally, I have become more confident in my own abilities and this has given me a platform to encourage and validate my personal sense of self. In this, I have found that I am more “in tune” to my clients and I’m able to identify progress through a different perspective.”

-Kyra Logsdon

“I am 68 years old and I have worked with children for over 45 years. My job as a Play Therapist has only been over the last 8 years. Lisa’s philosophy based on current research is aligned with my philosophy mainly learnt from experience and my love of working with children. I am so delighted to have found a community of therapists who are akin. It is with enthusiasm and confidence that I will continue to work with children and families knowing that I am not alone.”

-Bobbi Cruice

“This course has taught me that in every interaction I have with another person, I am being “set-up” to feel the way that they are feeling and that has been very powerful inside and outside of the playroom.”

-Anna Fasolo

“I now feel empowered to work in a more meaningful and respectful way with children and their parents without suffering from compassion fatigue.”

-Lindi Leddin